

ADULT DROP IN DRILLS



Season 2025/26

Starts 8/18

Day	Classes	Time
Monday	Beginner Tennis	9-10A
	Intense Cardio 1	11:30A-12:30P
	Intense Cardio 2	12:30-2P
	Evening Intense Tennis 1	6:30-7:30P
	Evening Intense Tennis 1	7:30-8:30P
	Men's 3.5/4.0	8:30-10P
Tuesday	Intense Tennis 1	12-1P
	Intense Tennis 1	1-2P
	Evening Intense 1 Tennis	6:30-7:30P
	Evening Intense 1 Tennis	7:30-8:30P
Wednesday	Intense Tennis 2	12-1P
	Intense Tennis 2	1-2P
	Evening Intense Tennis 2	6:30-7:30P
	Evening Intense Tennis 2	7:30-8:30P
Thursday	Men's 4.5 & Up	8:30-10P
	Intense Tennis 1	12-1P
	Intense Tennis 1	1-2P
	Evening Intense Tennis 2	6:30-7:30P
	Evening Intense Tennis 2	7:30-8:30P
Friday	Late Night Intense Tennis 2	8:30-9:30P
	Intense Tennis 2	12-1P
	Intense Tennis 2	1-2P
Saturday	Doubles Play	2-3:30P
	Intense Tennis 1	8-9A
	Intense Tennis 1	9-10A
	Intense Tennis 2	10-11A
Sunday	Intense Tennis 2	11-12P
	Beginner Tennis	8-9A
	Intense Tennis 1	9-10A
	Intense Tennis 2	10-11A
	Intense Tennis 2	11-12P

Class	Day	Time
Beginner Tennis	Mon	9-10A
	Sun	8-9A
Intense Cardio	Mon	11:30A-12:30P
	Mon	12:30-2P
Intense Tennis 1	Tues	12-1P
	Tues	1-2P
	Thurs	12-1P
	Thus	1-2P
	Sat	8-9A
	Sat	9-10A
Evening Intense Tennis 1	Sun	9-10A
	Mon	6:30-7:30P
	Mon	7:30-8:30P
	Tues	6:30-7:30P
Intense Tennis 2	Tues	7:30-8:30P
	Wed	12-1P
	Wed	1-2P
	Fri	12-1P
	Fri	1-2P
	Sat	10-11A
	Sat	11-12P
	Sun	10-11A
Evening Intense Tennis 2	Sun	11-12P
	Wed	6:30-7:30P
	Wed	7:30-8:30P
	Thurs	6:30-7:30P
	Thurs	7:30-8:30P
Doubles Play	Thurs	8:30-9:30P
	Fri	2-3:30P
	Mon	8:30-10P
Men's 3.5/4.0	Wed.	8:30-10P
Men's 4.5 & Up	Wed.	8:30-10P

<u>Class Descriptions</u>	<u>Member Pricing</u>	<u>Non-Member Pricing</u>
Beginner Tennis: First Time/Novice 1hr	\$32.00	\$44.00
Intense Tennis 1: Advanced Beg./Intermediate 1hr	\$32.00	\$44.00
Intense Tennis 2: Advanced 1hr	\$32.00	\$44.00
Intense Cardio 1: Advanced Beg./Intermediate 1hr	\$32.00	\$44.00
Intense Cardio 2: Advanced 1.5hr	\$48.00	\$64.00
Men's 3.5 -Advanced player, need pro approval 1.5hr	\$48.00	\$64.00
Mixed Men's 4.0 & Women's 4.5+	\$48.00	\$64.00
Men's 4.5 & Up-High level player, need pro approval 1.5 hr	\$48.00	\$64.00

Register up to 7 days in advance/ 24 hour cancellation policy

Members receive priority registration

Membership required for package purchase

Low student to Pro ratio

Demo racquets available

Members Only Packages

10 One hour sessions \$280.00

Packages expire one year from date of purchase



Racquet Club of Lake Bluff 847-295-1322 RCLBTENNIS.COM